



667 Central Ave  
Highland Park IL 60089  
847-431-1162  
[info@arbv.org](mailto:info@arbv.org)  
[www.arbv.org](http://www.arbv.org)

## Academy of Russian Ballet

### **INSTRUCTION AND CONTACT CONSENT**

The training received at the Academy of Russian Ballet incorporates technique based upon the Russian tradition of training called the Vaganova Method which provides students with a structured, scientific and methodological approach to dance that takes the human anatomy into consideration

I understand that dance instruction involves kinetic corrections to the body that may involve physically touching the student as a part of regular class work and rehearsals for the purposes of correcting dance technique, body alignment, turn-out, and placement.

I give my permission for this instructional contact to be made as part of my child's training, and agree to hold harmless and release Academy of Russian Ballet from any liability regarding such

---

Print student name

---

Print parent/guardian name

---

Parent/guardian signature

---

Contact phone number

---

Date